

SERMON DISCUSSION GUIDE / MARCH 10

TO APPLY, NOT REHASH, THE SERMON

Read

Read John 6:26–35 and consider making some observations about the passage.

Sermon Recap

Review the sermon with your group, highlighting the following:

- "The core of many of your spiritual problems is spiritual hunger. ... If we were to trace them back to their source, you're going to find a deep and unsatisfied spiritual hunger."
- "There's no more primal feeling of need than hunger, and no more universal satisfaction to hunger than bread. A relationship with God through Jesus is to our souls what bread is to our bodies."
- "Jesus says, 'I AM the bread of life.' Not, 'I'll give you the bread of life,' but 'I AM the bread of life.'"
- "Through the cross he would become the bread of our forgiveness, so that we would never have to fear condemnation again."

Group Discussion

1. How have you experienced spiritual hunger, and in what ways have you tried to satisfy it outside of Jesus?
2. Why is Jesus' claim to *be* the "bread of life" significant (rather than simply offering the bread of life)? How does this challenge the view of Jesus as just a moral teacher?
3. How do the "bread of life"(6:35) and "eat my flesh, drink my blood"(6:53) metaphors deepen our understanding of Jesus' atoning sacrifice as the new Passover meal? Discuss their significance.
4. How can we "feast on Jesus" daily? What habits and practices could help us seek satisfaction in him regularly?

SCRIPTURE

- Consider the purpose statement of the Gospel of John (below). How does it help us better understand the "I am" statements?**

"Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written so that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name."

- John 20:30–31 (ESV)

PRAYER

- Ask God to reveal areas in our lives where we have sought satisfaction outside of him and for the strength and wisdom to seek Christ for satisfaction.
- Pray for God to shape us into a Spirit-filled community, continually urging each other to look to Jesus, the Bread of Life, for the satisfaction of our spiritual hunger.